

7th Pacific Northwest Kata Championships

Hosted by Seiwakan Judojo – USJF Sanction # 23-11-03

Saturday, November 11, 2023

The 7th Annual Pacific Northwest Kata Championships will be held on Saturday, November 11, 2023, at Seiwakan Judojo, 7959 SE 15th Ave., Portland, Oregon. Competitions will be held in Nage No Kata, Katame No Kata, Ju No Kata, Kodokan Goshinjutsu, and Kime No Kata. Novices (those who have never entered a judged kata event) are encouraged to participate. Certificates will be awarded in divisions of two or more teams; certificates of participation may be awarded to teams in uncontested divisions.

Here are the team categories by kata based on competition experience in a judged/scored event and the number of sets each team will perform. Novice teams are welcome to enter the Advanced division and will be expected to perform the entire kata. If a member of a team has any kata competition experience, please enter the Advanced division.

Team	Kata	Competition Experience	# of Sets
Advanced	Nage No Kata	Competed in 1 tournament	Entire Kata
Novice	Nage No Kata	No tournament experience	First 3 Sets
Advanced	Katame No Kata	Competed in 1 tournament	Entire Kata
Novice	Katame No Kata	No tournament experience	First 2 Sets
Advanced	Ju No Kata	Competed in 1 tournament	Entire Kata
Novice	Ju No Kata	No tournament experience	First 2 Sets
Advanced	Goshin Jutsu	Competed in 1 tournament	Entire Kata
Novice	Goshin Jutsu	No tournament experience	First 2 Sets
Advanced	Kime No Kata	Competed in 1 tournament	Entire Kata
Novice	Kime No Kata	No tournament experience	One set: Idori or Tachiai

Eligibility: Open to current members of the USJF, USJA or Judo Canada or other national governing body for international competitors. Competitors must present current membership card and proof of insurance at check-in.

Competitor Check-in: 10:00 am to noon; mat will be open at 10:00am for competitor warm up

Lunch: 12:00-1:00 pm

Judges' Meeting: 12:30-1:00 pm

Kata Tournament Start: 1:00 pm; end time will depend on the number of teams entered

Tournament Co-Directors: Blane Bellerud, blanebellerud@gmail.com; Matt Suran, suran365@gmail.com

Entries: We will collect all registration paperwork, waivers, and fees at check-in.

Tournament Entry fee: \$20.00 cash or check payable to Seiwakan Judojo per contestant for one to five kata. Family team rate is \$30.00 cash or check payable to Seiwakan Judojo for one to five kata. You may compete in all five kata once; you may not compete against yourself in the same kata.

Note: 2022 International Judo Federation Kata Competition evaluation criteria will be used at this competition. The criteria can be found here: <https://www.ijf.org/ijf/documents/17>

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Entry Form

Competitor's Name: _____

Address: _____

City: _____ State: _____ Phone: _____

Email: _____

Age: _____ Female: _____ Male: _____ Rank: _____

Dojo/Club: _____ City: _____

USJF _____ USJA _____ Other (please list) _____

Membership Number: _____ Expiration Date: _____

Advanced

Tori	Uke	Kata
		Ju No Kata
		Katame No Kata
		Nage No Kata
		Goshin Jutsu
		Kime No Kata

Novice

Tori	Uke	Kata
		Ju No Kata-First 2 Sets
		Katame No Kata-First 2 Sets
		Nage No Kata-First 3 Sets
		Goshin Jutsu
		Kime No Kata

Number of kata entered _____

Signature of Contestant _____ Date _____

Signature of Parent or Guardian
if contestant is under 18 years of age _____ Date _____

If assistance/accommodation is needed, please indicate: Vision loss Blindness Hearing loss/deafness

Type of assistance/accommodation needed or name of person assisting: _____

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CERTIFICATE REGARDING NON-BLACK BELT CONTESTANT

I, _____, a judo instructor who holds the judo rank of _____
(must be Shodan or higher) under the auspices of a nationally recognized organization, who is currently
registered, hereby certify that _____, a non-black belt competitor
is competent to participate in the 2023 Pacific Northwest Kata Championship.

Instructor's signature: _____ Date: _____

USJF _____ USJA _____ Other (please list) _____

Membership Number: _____ Expiration Date: _____